

SINGLE SPECIES

# TECH SHEET

## BUCKWHEAT

Buckwheat is a quick establishing crop with excellent weed suppression. Flowering occurs quickly and is extended for upwards of 10 weeks which attracts pollinator insects. As a cover crop, Buckwheat is known for its ability to extract phosphorus from the soil.

### AGRONOMICS

Seeding Rate	50 lbs/acre
Height	3-4 feet
Package	50 lb bag